

English lesson1: Daily routine-Өдөр тутмын үйл ажиллагаа

Activity1: Read and learn the text.

Typical Day

I usually start my day at 6 o'clock. First, I get up and have a wash and a shave. Then I put on my battle dress uniform and my combat boots. I have to make my bed too, in case there is a room inspection in the afternoon. We normally have breakfast at 6.30. We have all our meals in the mess hall. At 7 o'clock, there is a parade on the square where we have roll call and morning roaster. In the morning, we usually have drill. We practice different marching routines on the parade ground. Sometimes we also do rifle drill, but that is only one a month. We have lunch at 1 pm. Then we have another roaster and after that, I go to the armory. I take my personal weapon and go on duty. If I am not on duty, I work until 5.00 pm. Moreover, after I finish request pass, leave the barracks and go for a walk or do what I want.

I have to be back in the barracks by 9.30 pm. I have half an hour for my evening routine and after lights out, at 10.00 pm, I usually go to bed and fall asleep immediately.

Activity 2: (Pair-work) Have a dialogue with your partner about your daily routines.

Example:

Student A: Bat, what time do you get?

Student B: I get up at 6.30am. And you?

Student A: I get up at 7.00am and, then, I take a show, shave and have breakfast with my family. What time do you go to work?

Student B: I go to work at 8.00am. I start work at 9:00am

Here is the list of words and phrases, which is useful.

Vocabulary-Үгийн сан

lights out-оройн унтлага

reveille-өглөөний сэрэлт

fall in for physical training-Биеийн

тамирын хичээлд бэлэн жагсах

self-study time-Бие даан суралцах цаг

do sports-спортоор хичээллэх

running-гүйлт

NBC training-үй олноор хөнөөх зэвсгээс

хамгаалах сургалт

map reading training-байр зүйн зургийн сургалт

first Aid training-эмнэлэгийн анхны

тусламж үзүүлэх сургалт

issue orders- тушаал өгөх

communications training-холбооны сургалт

weapons training-зэвсгийн сургалт

marching drill-жагсаалын бэлтгэл

attending morning roaster- өглөөний тоонд орох

driving lessons-жолооны хичээл

meet with friends-найз нартайгаа уулзах

personal time -хувийн цаг

be on duty-жижүүрийн үүрэг гүйцэтгэх

be on patrol-эрэгүүлийн үүрэг гүйцэтгэх

roll call-моо авах

morning roaster-

armory-зэвсэг хадгалах өрөө

parade ground- жагсаалын талбай

formation-жагсаалpersonal weapon-

хувийн зэвсэг

do push-up-гар дээр сунаах

do sit-up-гэдэсний таталт хийх

do-pull up- турникд сунайх

inspection-үзлэг, шалгалт

